

Accepted Manuscript

Title: **Patients' opinion and perception survey of community pharmacists in Republic of Macedonia**

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DOI:

Received date: November 2017

Accepted date: January 2018

UDC:

Type of paper: *Original scientific paper*

Please cite this article as:



**Patients' opinion and perception survey of community pharmacists
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Abstract

Over the past decade, numerous changes have taken place across the community pharmacy (CP) sector in the Republic of Macedonia (RM). The overall aim of this study is to analyze patients' perception and opinion regarding the Community pharmacy sector and its recognizable role in health care system in RM. Additionally, this study focusses on factors affecting patients' choice of the certain CP and perception of the quality of the CP premises. The survey covered randomly selected patients of those visiting community pharmacies in all 8 regions of the country. An anonymous semi-open questionnaire consisting of 21 items was structured, which covered three main groups of questions related to: socio-demographic factors of the respondents, reasons influencing respondents' choice of the certain CP and respondents' opinion and impressions of community pharmacists' expertise and quality of offered services in CP settings. The obtained results have confirmed that 69.82% of respondents showed loyalty to the same CP. These findings were supported by three main reasons: (1) the pharmacist and professional staff working in certain CP (74.19%), (2) CP keeps up a satisfactory supply (69.68%) and (3) CP is situated in a convenient location (61.94%). The overall patients' perception of elements of pharmaceutical care services provided in CP was that they are on a high level (above 80%). Despite the encouraging results obtained, this study can serve as a core element for continuous monitoring and quality improvement of the national CPs network in near future.

Keywords: community pharmacists, pharmaceutical care, patients' opinion and perception

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Introduction

The pharmaceutical sector is an essential element of the healthcare system that has direct contribution to the improvement of population health and positive health outcomes. In continuum, we are witnessing that pharmacy profession and community pharmacy practice in Republic of Macedonia (RM) follow the global trends in the constant evolution and changes that have been happening almost on a daily basis. This dynamic is determined by many factors and largely by public health needs and expectations, followed by the development of health technologies, modern therapies, and innovative products, and is also coupled with changes in policy and regulation needed to support sustainability of a modern pharmaceutical sector. As acknowledged, community pharmacies reflect the pharmacy profession through the provision of a range of healthcare services and activities. Pharmaceutical services and activities according to the Law on Healthcare (2012) of RM, Article 15, item 37, are defined as part of the *healthcare services and activities that encompass constant, continuous supply of medicines and medical devices; medicine compounding, manufacturing, distribution, quality control, as well as advising, counseling, consulting and educating patients and healthcare professionals about the rational and efficient use of medicines and medical devices and hence, monitoring the effects of medicines usage*. Under the same Law (Article 89) all professional activities that pharmacists provide in the CPs are closely defined. More specifically, portfolio of services provided covers procurement, setting, storage, dispensing, testing and quality control of medicines, hygiene and medical supplies and active medicine substances. Moreover, pharmacists can also compound extemporaneous (magistral) and galenic products. Core elements of Article 89 further emphasize the pharmacists' role in patient care. In addition to the abovementioned activities, pharmacists can procure and dispense supplies for children's and dietary nutrition, orthopedic devices, equipment and medical instruments.

These comprehensive definitions are in correlation with one of the key change in pharmaceutical profession that occurred nearly three decades ago (in 1990) when Hepler and Strand (1990) set the foundations for a patient-focused role of pharmacists and urged pharmacists to accept and implement pharmaceutical care as a professional mission, in which the role of pharmacists from professionals for compounding and dispensing medicines will be extended to healthcare professionals that will be responsible for safe, effective and rational use of medicines.

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Speaking in general, only recently (10 years ago) all community pharmacies (CPs) in RM have been privatized (Stavrova et al., 2016). In February 2016 in RM there were 846 CPs out of 1019 registered pharmacies (Arsovska et al., 2016, Stavrova et al., 2016). In the same period, at the Pharmaceutical Chamber of Macedonia 2413 licensed pharmacists were registered (Arsovska et al., 2016) or 11.65 pharmacists per 10,000 inhabitants according to the estimated population number for 2015 (www.stat.gov.mk). The situation was similar in 2012 when the Republic of Macedonia according to the FIP analysis was the 17th out of 82 countries in terms of this data (Gal, 2012). If compared to the data presented by Anderson, 2007, there is high upgrade in this term, as in 2004 there were 15 pharmacists per 100,000 population, or normalized 1.5 per 10,000 population. As it was noted in Arsovska et al. (2016) ~46% of all pharmacists were employed at CPs. Compared to Europe, RM is below the average of 70%, although it has to be pointed that there are great variances between countries, with lowest value noted in Denmark (~18%) and highest in Austria (~90%) (Chan and Wuliji, 2006). Estimated number of pharmacists employed in CPs per 100,000 population was 53, and compared to data for 2014 when this value was 48, it can be concluded that there is some increase, but still RM is at the bottom in Europe in respect to this data (Eurostat, 2017).

On the other hand, the number of inhabitants per one CP according to the estimated population number in RM for 2015 was 2448. In 28 countries in the EU, this number is on average 3226, with profound individual differences ranging from ~1000 in Greece to 16667 in Denmark (Mlinaric et al., 2016). These differences are due to the manner of regulation for CP permission, where in countries with a higher number of inhabitants, demographic and geographical criteria are precisely defined, then the average and the minimum number of inhabitants per CP, as well as the distance between pharmacies location in the urban and rural areas of the country. According to the Article 2, Regulation for the network of Healthcare Institutions in Macedonia (2012) that number is determined only according to the number of inhabitants (3000).

Detailed analysis of services, activities, infrastructure and workforce related to CPs in RM has been conducted and data are published by Arsovska et al. (2016). In order to monitor the quality of CPs activities and services it is of great importance to determine patients' satisfaction (Zapka et al., 1995; Malewski et al, 2015; Ford et al, 1997), as it can be correlated to the patients' compliance and cooperation which has impact on the quality healthcare outcomes (Martin et al., *Corresponding author email: msimonoska@ff.ukim.edu.mk

2005). Determination of patients' satisfaction with healthcare services in general has been already performed in RM (Lazarevik and Kasapinov, 2015), but to the best of our knowledge, a specific address of patient's satisfaction with the CPs' services and activities has not been reported yet. Considering the above-mentioned facts and knowledge gap, the overall aim of this study was to investigate factors affecting patients' choice of certain CP and to overview patients' impression and opinion of CPs and their roles in the healthcare system of RM. Patients also evaluated CPs premises.

Materials and methods

Questionnaire structuring process, study design and methods of data collection

The cross-sectional study was approved, by the Faculty of Pharmacy, Ss. Cyril and Methodius University in Skopje, RM. In order to ensure that the design of questionnaire items would be easily and well understood by the surveyed patients, a preliminary survey was conducted on 10 adult patients in September, 2014. Afterwards, a final anonymous semi-open questionnaire consisting of 21 refined items was finalized and the survey was conducted in a period of 3 months (20.10.2014-20.01.2015) in a broad range of practice settings within the national pharmacy chain. The survey covered randomly selected patients out of those visiting CPs in all 8 regions of RM. Regions were in accordance with the division stated in the Regulation for the network of healthcare institutions (2012). There were no specific criteria for participants' study inclusion and/or exclusion. Patients were approached by trained pharmacy students and asked to fill in the self-administered questionnaire right after their CP visit in order to ensure objectivity of the collected data. All data were collected from patients that agreed to participate in the study when they were informed both, orally and in writing, about the purpose of the survey. The study covered 3 main groups of questions related to socio-demographic factors of the respondents, the reasons influencing patients' choice of a certain CP and overview of their impressions from CP visit related to CP services and conditions as well as pharmacists' expertise. Assessment of required time for medicine dispensing, CPs premises, pharmacists' professional work and expertise as well as overall impression about certain CPs and services was performed using five-point ranked Likert scale.

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The results presented in the manuscript are based on the data obtained from 235 valid, analyzed questionnaires i.e. those with more than 80% of the questions answered. Each questionnaire received a unique identifier number. Obtained data were tabulated using Microsoft Excel® (Microsoft Corp. Redmond, WA, USA). All data, except age, were categorical and were given a certain rank and classified as nominal or ordinal appropriately. The data were evaluated using statistical software IBM SPSS Statistics v23 (IBM, USA). Correlation between variables of interest was established based on Spearman correlation coefficient (two tailed, $p < 0.05$).

Results and discussion

The profile of the patients and customer in the sample size of respondents

The survey was conducted in multiple locations in RM, where just over half (50.64%) of the respondents were from the capital, Skopje. The age range in surveyed sample size was 15-80 years. Detailed socio-demographic factors of surveyed sample size are presented in Table 1. Female gender was prevalent in the study, similar to other studies as according to literature data women are more prone to participate in surveys (Larson et al., 2002; Lazarevik and Kasapinov, 2015; Malewski et al., 2015; Merks et al., 2014). Education level is expressed according to International standard classification of education (ISCED), while national data are sourced from the web page of State Statistical Office of the RM (www.stat.gov.mk).

Table 1.

Factors affecting patients' choice of a certain Community Pharmacy from the perspective of a patient and/or customer

Analyzed data show that the majority of surveyed patients (32.48%) visit CP 2-3 times/month, 24.36% visit CP 1-2 times/week and 21.9% more than 3 times/week, while the rest visit CP once or less/month. If compared to the study outcomes of Merks et al. (2014), where most of the responded patients, 62% in Poland and 61% in UK visit CPs less than twice a month and only 4% in Poland and 18% in UK 1-2 times/week, results of this study suggest that surveyed patients in RM are more frequent visitors to CPs.

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When it comes to the choice of CP, vast majority of respondents (69.82%) always visit the same CP, alike to UK where this value was 61% in the study of Merks et al. (2014) and 66.4% in the study of Gammie et al. (2016). Correlation analysis indicated that patients who often visit CP (1-2 times/week and more than 3 times/week) are correlated with the choice of same CP, while CP is randomly chosen by patients that rarely visit it. No correlation was found between CPs visiting frequency and gender and age.

In order to identify the most prevalent reasons for choosing a particular CP, patients were offered 9 possible answers (Fig. 1) with *yes* and *no* option, and also a possibility to add additional reasons by themselves. Price of medicines was not considered as factor, as in the RM there is a Methodology for medicines' price structure (2011) and a Rulebook on the criteria and procedures to establish medicines reference prices (2009). As presented in Fig. 1, the most prevalent reasons for choosing the same CP were: the pharmacist and professional personnel working in a particular CP (74.19%), CP keeps up a satisfactory supply (69.68%) and CP is located in a convenient location (61.94%). Furthermore, 21.29% patients listed additional reasons aside of those already offered and hence the most common among them (~50%) were politeness and cordiality of the professional personnel. These identified reasons are akin to the study of Wirt et al., (2010).

Fig. 1.

Overview of patients' impressions after CP visit related to offered services, pharmacists' expertise and CP setting conditions

The findings revealed that most often, medicines were dispensed to certain patients for their health needs, but they also revealed that the most common patient experience was to take a prescription form to the CP to collect someone else's medication i.e. family member, friend etc. (36.6%, Fig. 2). According to the Law on medicinal products and medical devices (2007), Article 13, in RM all medicines depend on the practice setting and manner of dispensing are classified as those that are dispensed in a pharmacy and only on a prescription, dispensed in a pharmacy but without a prescription ("over the counter"-OTC) and those that could be used only in the hospitals. Additionally, conferring to Law on Health Insurance (2016), Article 9a, Health Insurance Fund of Macedonia does not cover the cost of all prescription medicines. Based on the survey data, solely

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funded prescription medicines were dispensed to 17.49% of patients, not funded prescription medicines to 4.48%, OTC medicines to 19.73%, herbal medicines to 15.7% and multiple types to 42.6% of the respondents.

Fig. 2.

Beside the medicines dispensing, 35.32% of the surveyed patients visited CP for consultation purposes with a pharmacist (14.89%), to buy cosmetics (17.02%) or for both reasons (3.4%). It was confirmed that during medicines dispensing procedure, pharmacists provided instructions for use of certain medicine written on the medicines package (85.96%), as well as orally (54.9%). In 67.97% of the cases pharmacists asked patients about parallel usage of other medicines and/or dietary supplements other than those dispensed at the time of CP visit. Also, similar percentage (64.96%) of patients answered that if pharmacist did not ask them about the concomitant use of medicines than, in that case they would self-initiatively informed her/him about the particular issue.

In case of experiencing side and adverse medicines effect, patients, as expected, most often (74.47%) refer for advice to the physician, but in 52.34% of the cases they refer to a pharmacist, too. Cross tabulation of the data revealed that 32.64% of the patients refer at the same time to both the physician and pharmacist. Patients confirmed that pharmacists aside from information related to medicines usage, also, provided counseling for different health-related issues (Fig. 3). When it comes to the CPs` offered services, only 2.13% of surveyed patients reported determination of illicit medicines in urine sample, while most often they measured blood pressure (36.6%) and blood glucose level (24.26%).

All these data indicated that patients relatively recognized the pharmacist as a healthcare services provider, and not just as a medicines expert. However, there is a need of improving patient's knowledge about the CP services.

Fig. 3.

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Having in mind that the required medicine in most cases (84.55%) was dispensed relatively quickly, in general, patients responded that they were either very satisfied (47.01%) or satisfied (40.17%) with the dispensing time (positive Spearman correlation, $p < 0.05$).

It is encouraging that elements of pharmaceutical care were highly rated by patients. Pharmacists' politeness, counseling time and attention and carefulness during patient-initiated questions at the CP (88.84%); professional, detailed and effectual answers to questions and requests (87.12%); the services provided by pharmacist (87.01%); the services of the entire staff in the CP (80.6%) as well as the efficacy of all services in the CP (78.11%) were rated as excellent. Results related to the assessment of the professional knowledge and expertise of pharmacists are given in Fig. 4. As presented, they were most often rated as excellent, too. Additionally, ~70-86% of the respondents answered confirmatory to questions related to pharmacists' provision of information and advice regarding the proper storage and handling of medicines at home or during traveling, healthier life style and improvement of health, other healthcare services available elsewhere and allergies.

Fig. 4.

When it comes to patients' perception related to their CP visit, the vast majority of patients (73-86%) ranked CP hygienic conditions, premises, pharmacist professional attire and medicine supply as excellent. On the other hand, when it comes to respect of patients' privacy in CP only ~54% rated it at the highest level and most likely this result is related to the fact that isolated consultation/counseling area is not obligatory in CPs in RM and only some CPs can provide a separate, designated private consultation area for certain services and sensitive counseling issues (Arsovska et al., 2016). Detailed results of patients' evaluation of certain CP are presented in Fig. 5. Nearly 81% of the respondents rated the certain CP, pharmacists and services as excellent and 85.04% stated that they would visit the particular CP again.

Fig. 5.

Strengths and limitations

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According to authors knowledge this study is the first in RM that addresses patient`s satisfaction with CPs` services and activities. A preliminary conducted survey enabled structuring of clear and effective final questionnaire that would be acceptable for patients with open opportunity to add additional perceptions. We tried to achieve diversity in terms of the regions in RM and a degree of urbanization, thus, the study encompasses all 8 regions in Macedonia. However, out of the participating respondents, predominant input was obtained from those living in the capital of the country. The difference in surveyed population and general population in relation to socio-demographic factors is most likely due to the fact that the study was focused on pharmacy customers during situational analysis and not on general population. Considering the reported data, the study represents patients` perception (pharmacy customers) only.

Conclusion

Community pharmacy sector has undergone many visible changes over the past decade in RM. In line with this, new contemporary practice models have been introduced in which extended role of the community pharmacist has been emerged in a range of medication-related services and expertise. For any sector of the healthcare system, patients` opinion is an important indicator of the quality of services delivered and in shaping the public's health present and future needs.

The obtained results have confirmed that patients` impressions of CPs are on a high level, i.e. they have a positive opinion. Additionally, the favorable impression that patients have of their CP of choice was also reaffirmed. These findings support the changing role of CPs and their contribution to patient healthcare as well as the facts that the CPs are probably the most easily accessible healthcare professionals to the public. This study can also serve as a core element for continuous monitoring and quality improvement within a national CPs network. Based on all the factors identified throughout this study, a number of recommendations can be made for CP services delivery in the near future.

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doi:

original scientific paper

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Резиме**Мислење и перцепција на пациентите за јавниот аптекарски сервис
во Република Макеонија**

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Клучни зборови: фармацевти во јавни аптеки, фармацевтска грижа, мислење и перцепција на пациенти

Во текот на минатата декада во фармацевтскиот сектор на јавни аптеки (ЈА) во Р. Македонија (РМ) се случува големи промени. Целта на оваа студија беше да се направи увид и анализа на перцепцијата и мислењето на пациентите во однос на ЈА секторот и неговата препознатливост во рамки на здравствениот систем на РМ. Дополнително, студијата беше фокусирана и на факторите што влијаат на изборот на одредена ЈА од страна на пациентите и нивната перцепција во однос на инфраструктурата на ЈА. Во истражувањето беа опфатени случајно избрани пациенти при посета на ЈА во сите 8 региони на РМ. За таа цел беше дизајниран анонимен полуотверен прашалник што се состоеше од 21 прашање поделени во три главни групи кои се однесуваа на: социјално-демографските податоци за испитаниците, причините што влијаат на нивниот избор на одредена ЈА и нивното мислење и впечатоци за експертизата на фармацевтите во ЈА и услугите во истите. Резултатите покажаа дека 69,82% од испитаниците секогаш посетуваат иста ЈА, при што најчестите причини се: (1) фармацевтот и останатиот персонал кои работат во ЈА (74,19%), (2) ЈА има задоволителна снабденост (69,68%) и (3) ЈА се наоѓа на соодветна локација (61,94%). Генералната перцепција на пациентите за услугите во делот на фармацевтската грижа во ЈА беше дека истите се на високо ниво (над 80%). Направената студија може да послужи како основа за

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doi:

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континуирано следење и подобрување на квалитетот на услугите во мрежата на ЈА во РМ во иднина.

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Table 1. Socio-demographic factors of surveyed population (n=235)

Factor	Patient/customer profile Description & range	Study data		National data
		Number (%)	Missing data (%)	(%)
Gender	Female	152 (64.68)	1 (0.43)	49.91
	Male	82 (34.89)		50.09
Age		231 (98.3)		
average age	± 43.76 ± 15.53			
SD				38.2
Age group (years)	15-24	17 (7.2)		13.8
	25-34	62 (26.4)	4 (1.7)	15.8
	35-44	54 (23)		14.6
	45-54	37 (15.7)		14
	55-64	26 (11.1)		12.4
	>65	35 (14.9)		12.7
Education level	Low - ISCED 0-2 (elementary school)	5 (2.13)		31.5
	Medium - ISCED 3-4 (high school)	116 (49.36)	4 (1.7)	37.3
	High - ISCED ≥5 (university)	110 (46.81)		12.1
Employment status	Employed	152 (64.68)		28
	Not working	32 (13.62)	5 (2.13)	41.2
	Retired	46 (19.57)		14.3

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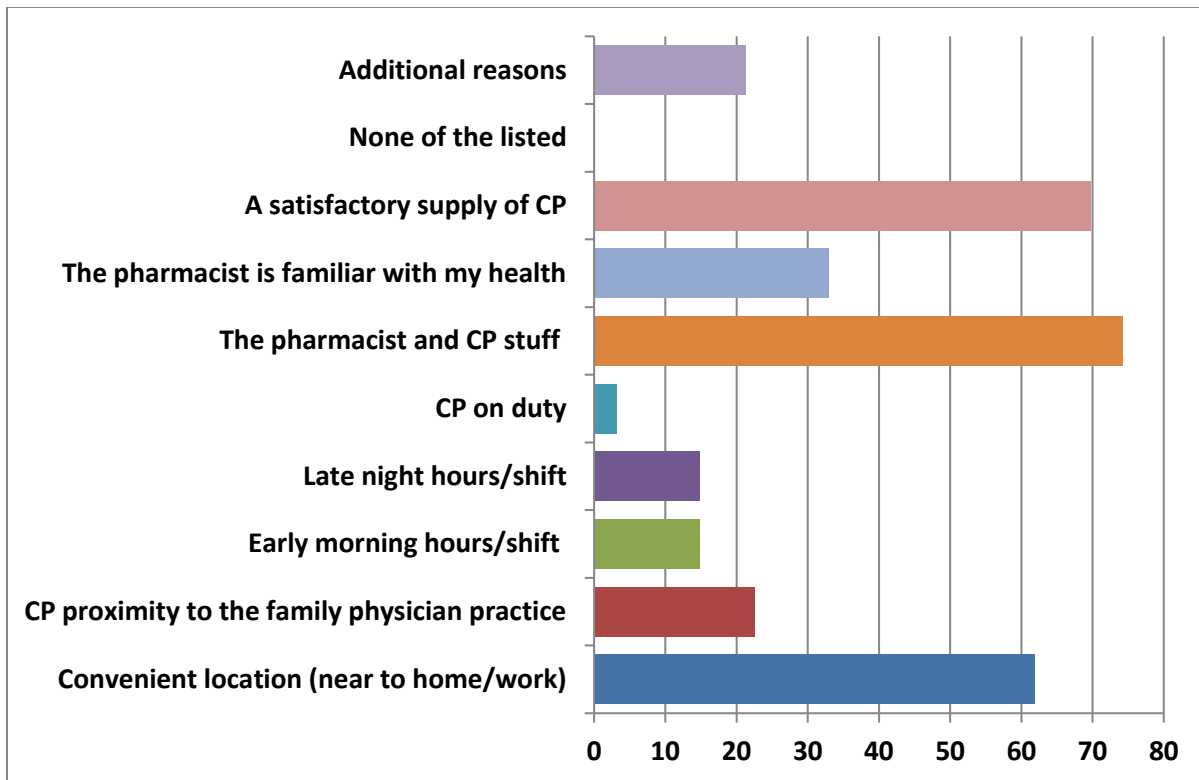


Fig. 1. Factors affecting patients' loyalty to single CP (n=155).

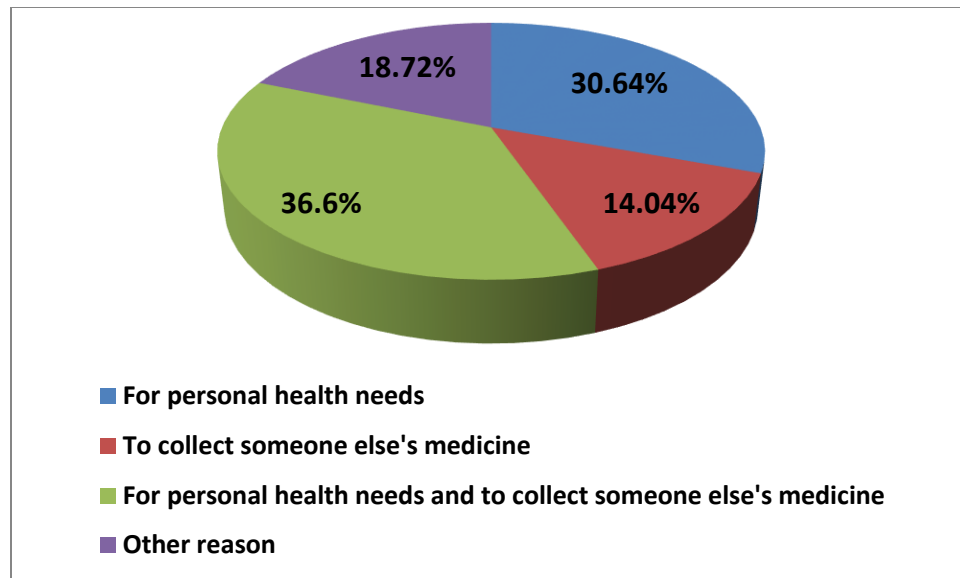


Fig. 2. Answers related to dispensed medicines to patients.

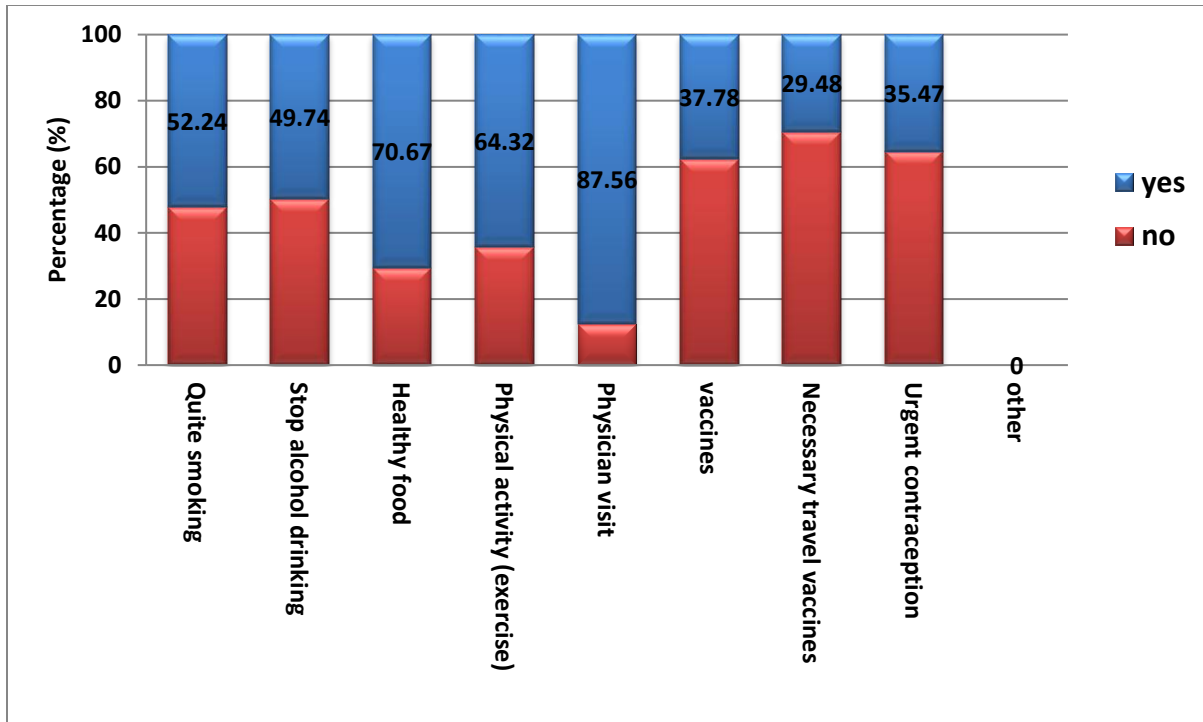


Fig. 3. Pharmacists` provided information and advices to patients aside from medicine usage.

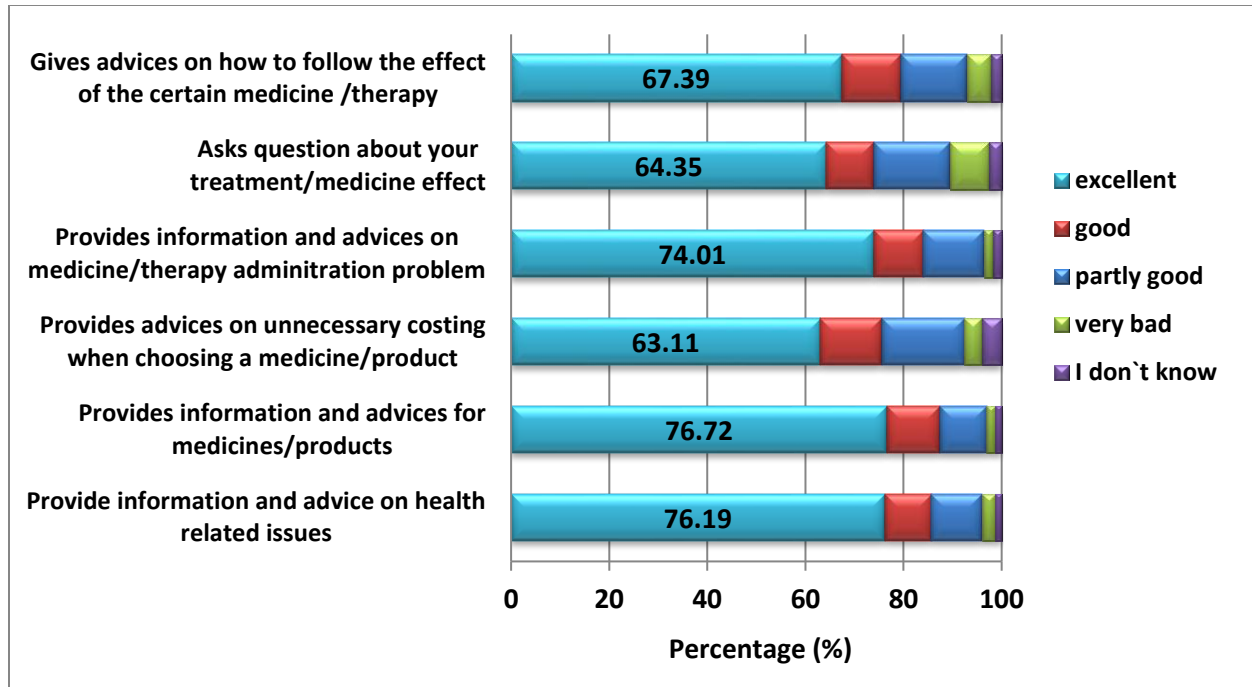


Fig. 4. Patients` assessment of the professional expertise of community pharmacist in the certain CPs.

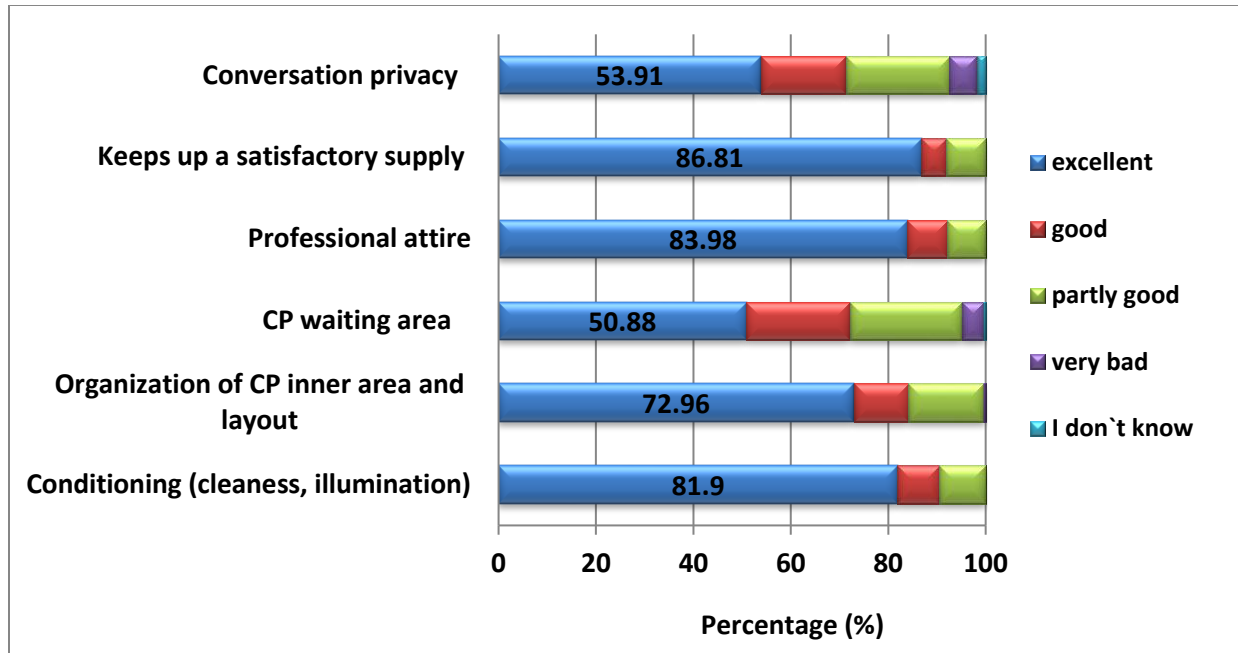


Fig. 5. Patients' evaluation of the quality of certain CP settings.

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